

About Meridian

At Meridian, our mission is to promote the health, recovery, and well-being of those affected by mental illnesses and substance use disorders through prevention, coordinated treatment and supportive services.

Meridian is a private, non-profit organization with roots in the community mental health movement, which began in the 1960s, to bring education about mental illnesses and substance use disorders and treatment of those affected to the local level.

Our mission is evident in all we do, from developing a continuum of treatment services for a range of illnesses to participating in our communities as a partner in enhancing the quality of life.



*Wellness is
within everyone's reach.*

Our Mission

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Meridian Behavioral Healthcare, Inc.
1565 SW Williston Rd
Gainesville, FL 32608
Tel: (352) 374-5600
Toll Free: (800) 330-5615
mbhci.org



The Recovery Center

Reaching Recovery through...

- Built-in reinforcements for positive behaviors and consequences for maladaptive behaviors are set in place.
 - Behavior modification therapy using a point-level system
 - Structured and regulated days including school, treatment groups, and recreational activities.
 - Individual, group, and family therapy.
 - Regular participation in Meridian's Ropes Challenge Course.
- Program components include the
- 12-step model, motivation enhancement, and cognitive behavioral therapy.

The RECOVERY CENTER

is an 18-bed residential, substance abuse treatment program for adolescents - ages 13 to 17.

The programs consists of counseling, supportive services, education and medical services in a structured environment. Working towards developing healthy coping and problem-solving skills to deal with family or personal life problems.

Access to the service is streamlined to help parents work out the admission process. The first step can be taken by calling Meridian's Access Center at **352-374-5600.**



Making Education A PRIORITY

School attendance is one of the mandatory requirements for all youth participating in the program.

During their stay at Meridian, participants are enrolled in the **Columbia County School System** and attend classes at the recovery center through the **Edgenuity** program.

With a **GED** option available, contingent upon parent approval; and "credit recovery" assistance for those who have fallen behind; Meridian makes academic success attainable for all participants.

