

What is Telehealth?

Telehealth is a **convenient** and **confidential** source of outpatient services that can be accessed from a **computer, tablet** or **smartphone**.

Telehealth is designed to **conduct appointments** for assessment, counseling, psychiatric evaluation, support services, and medication management, **without** the patient or provider being at the same location.

Telehealth services can be arranged in the **home, community, from one clinic location to another, or wherever you are connected**.

*Wellness is
within everyone's reach.*

Our Mission

To promote the health, recovery, and well-being of those affected by mental illnesses and substance use disorders through prevention, coordinated treatment, and supportive services.

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Notice:

Because of the increased health risks, we prioritize admitting pregnant females and persons who are using drugs intravenously (by injection) to substance use treatment. If you, or the person that you are concerned about, are in one of these priority populations, please let us know when you call for help.



In partnership with:



Telehealth

Frequently ASKED QUESTIONS

Is telehealth as beneficial as in-person?

Research has indicated the majority of people who participate are equally satisfied with the convenience and quality of care.

Is telehealth communication private and secure?

Telehealth is a convenient and confidential way to access real-time outpatient services through a computer, tablet or smartphone. Meridian uses secure broadband or cellular connections to protect your privacy during a session.

Is telehealth covered by my insurance?

Many private insurances as well as Medicaid and Medicare plans cover outpatient services through telehealth; and there are no additional fees. Meridian will work with you and your insurance company to determine what is appropriate and covered to obtain authorizations for telehealth services.

Benefits of TELEHEALTH

- ***In the event of crisis, clients can be quickly connected to available resources.***
- ***Increases availability for same-day appointments.***
- ***There are no additional fees.***
- ***Prescriptions can be electronically submitted to the clients' pharmacy.***
- ***In some cases, telehealth can support and enhance face-to-face counseling services.***



How has Telehealth changed the treatment experience?

- Provides an **increased access** to care for clients who do not live near a clinic or who lack transportation.
- **Reduces the time** needed to be away from work, childcare, and other important responsibilities.
- Enables clients to **reach their counselor or psychiatrist** even when they are based at a different Meridian clinic or when a face-to-face appointment cannot be arranged.
- **Makes it possible** for family members or a significant other to attend sessions when physical presence is not an option.
- **Connects clients** to a provider with specific qualifications, credentials, or skills to meet their needs.

