

MERIDIAN'S PRIMARY HEALTHCARE CLINIC

If you suffer from a substance use and/or mental health disorder in addition to any medical issues, Meridian's primary healthcare program is right for you. Research shows that when physical and mental health are treated together, you can experience improved outcomes. MERIDIAN integrates medical and psychological treatment by providing a comprehensive primary healthcare clinic.



HOURS

*For information about hours,
please visit:*

www.mbhci.org/clinic



ADVANCED DIRECTIVES

You have the right to give written instructions, called Advanced Directives, when you receive services from Meridian. Advanced Directives allow you to state your preferences for future care, should you be unable to communicate your decisions.

PRIMARY HEALTHCARE AT MERIDIAN



Two convenient locations:

4300 SW 13th Street, Gainesville, FL 32608

439 SW Michigan Street, Lake City, FL 32025

(352) 374-5600 | mbhci.org | (800) 330-5615



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Among the challenges driving change in healthcare is the need to: 1) be increasingly patient-centered, 2) improve outcomes, and 3) reduce costs. Achieving these three goals, and meeting patient needs in a sustainable way, requires an innovative approach.



CARE COORDINATION

The goal of care coordination is to provide supports for patient needs and preferences in the delivery of high quality, high-value healthcare. This means that the patient's needs and preferences are met at the right time.

Care coordination involves organizing patient, treatment, activities, and information in order to provide safe, appropriate, and effective care.

There are two ways of achieving coordinated care: broad approaches that used to improve healthcare delivery and specific care coordination activities.



Treating Illnesses & Injuries

- Cold & Flu
- Infections
- Wound Care
- Diabetes Testing

Helping You Stay Healthy

- Physicals
- Blood Pressure Monitoring
- Medication Management
- Health Screening
- Health & Fitness Education
- Mental Health Monitoring
- Referrals to Specialist
- Home Visits

Examples of specific care coordination activities include:

- Establishing accountability and agreeing on responsibility
- Communicating/sharing knowledge
- Helping with transitions of care
- Assessing patient needs and goals
- Creating a proactive care plan
- Supporting patients' self-management goals
- Monitoring and follow-up, including responding to changes in patients' needs

Examples of broad care coordination approaches include:

- Team work
- Care management
- Medication management
- Health information technology
- Patient-centered medical home