

HOW CHOP WORKS

On the initial visit, a clinician conducts comprehensive interviews with the child and family members, examining the child's current needs, challenges, strengths, and functioning level, as well as the child's developmental, educational, family, medical, and psychiatric history.

The clinician, child, and family members then work together to create a plan for treatment, including measureable short and long term goals, aimed at helping the child relieve troubling symptoms, enhance emotional development, and improve functioning at home, school, and in the community.

Wellness is
within everyone's reach.



To schedule an appointment, call

1-352- 374-5600

or

1-800-330-5615

and select option 3

For more information, please visit

mbhci.org/chop



Note: Because of the increased health risks, we prioritize admitting pregnant females and persons who are using drugs intravenously (by injection) to substance use treatment. If you, or the person that you are concerned about, are in one of these priority populations, please let us know when you call for help.



In partnership with



Children's Outpatient Services (CHOP)

WHAT IS CHILDREN'S OUTPATIENT?

Meridian's Children's Outpatient Department provides services to children, adolescents, and families.

Services delivered include: individual, group, and family therapy in our clinic, at your home, and/or at an agreed upon location in the community, such as a school.

Master-level clinicians use proven techniques to evaluate and treat a wide-range of behavioral problems, such as mood disorders, to include depression and anxiety, adjustment issues, bi-polar disorder, schizophrenia, PTSD, and substance use disorders.

THROUGH CHOP, WE CAN HELP CHILDREN TO:

- ✓ Identify and manage a variety of emotions
- ✓ Learn coping skills to deal with stressful situations
- ✓ Manage behavior
- ✓ Improve communication skills
- ✓ Form and maintain positive relationships
- ✓ Make use of innate talents and abilities



OVERVIEW OF PROGRAMS

School-Based Counseling: at select schools, Meridian provides an on-site therapist who works with students exhibiting behavior problems and who increase mental health and wellness.

Community-Based Counseling: at the convenience of the family, Meridian's clinicians may visit the child's home, or other community locations, in order to decrease barriers to treatment and involve family members.

Children's Summer Program: features group and individual treatment designed to teach children skills for success, such as how to understand and manage their emotions, interact appropriately with others, and problem-solve.

Case Management: Case managers develop an individualized service plan with the child and their families based on areas of identified concern, to include: mental health, education, vocation, family support, medical and dental services, and development of environmental supports.

