What is a **CCBHC**?

CCBHCs were created through the "Excellence in Mental Health and Addiction Act" as an initiative to expand access to behavioral healthcare in America.

In Florida, only 12 community mental health organizations - including Meridian Behavioral Healthcare, Inc. achieved this standard of excellence.

That means you will receive the highest quality of care available, incorporating effective, evidence-based treatment for substance use and mental health disorders.

Our goal is to make contact upon a new episode of care, conduct a screening for areas of need, and help provide a connection to the identified services needed.

What does **CCBHC** mean for Meridian clients?

Many of Meridian's clients will experience greater integrated care by providers sharing treatment plans and engaging in coordinated decision-making that is person-centered and family-centered care.

Wellness is within everyone's reach.

Our Mission

To promote the health, recovery, and well-being of those affected by mental illnesses and substance use disorders through prevention, coordinated treatment, and supportive services.



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Certified Community
Behavioral Health Clinic
(CCBHC)

The **POWER**Behind the Seal



As a CCBHC, we provide individuals with the services they need, when they need them – regardless of their age, insurance status, or ability to pay.

Our Seal is Our **PLEDGE** to Provide Quality Care

Patient-centered treatment means the client and clinicians work together and consider client needs to provide recovery-oriented care.

SERVICES Provided

CCBHCs provide the following nine comprehensive mental health services and substance use programs to all individuals at every stage of their lives:

- 24/7 crisis mental health services
- Access to treatment and recovery without financial barriers
- Addiction & mental health care with licensed clinicians or peer recovery specialist
- Outpatient mental health & substance use services
- Care coordination with primary care community groups
- Psychiatric rehabilitation services
- Peer support, counseling & family support services
- Tailored services and programs for military, veterans & their families.



CARE COORDINATION

Our **Care Coordinators** serve as navigators directing each person to the treatment that meets their individual needs.

Care Coordination does not stop at the physical boundary of Meridian. It stretches beyond to include outside providers and services as needed.

It, also, does not overlook the importance of psychosocial needs, which can result in referrals to other internal programs, such as **SOAR**, **Peer Support**, and **ACT Team**.

- SSI/SSDI Outreach, Access, and Recovery (SOAR) is a specialized part of CCBHC working with individuals who have a diagnosis of a serious mental illness, serious physical illness, and/ or co-occurring substance use disorder which interferes with their ability to hold a job, maintain stable housing, and have a consistent support system.
- Peer Specialists are individuals with specialized training, who have been successful in their own recovery process. They bring a unique perspective to the treatment team from a shared understanding of the individual's experience.
- The Assertive Community Treatment Team (ACT Team) is an integrated community care treatment approach for those with serious mental illness, serious physical illness, and/or a co-occurring substance abuse disorder, who have difficulty maintaining stability in the community, require frequent inpatient stays, and have not responded well to traditional outpatient care.