

# About the Community Action Team (CAT)

*The CAT program is designed to enable troubled youth within Baker, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Suwannee, Nassau, and Union counties the opportunity to succeed in their own community.*

*The program goal is to help youth reach their full potential, while remaining at home. Each client family is provided with a therapist, psychiatrist nurse, and case manager/mentor team to provide support through all facets of treatment.*

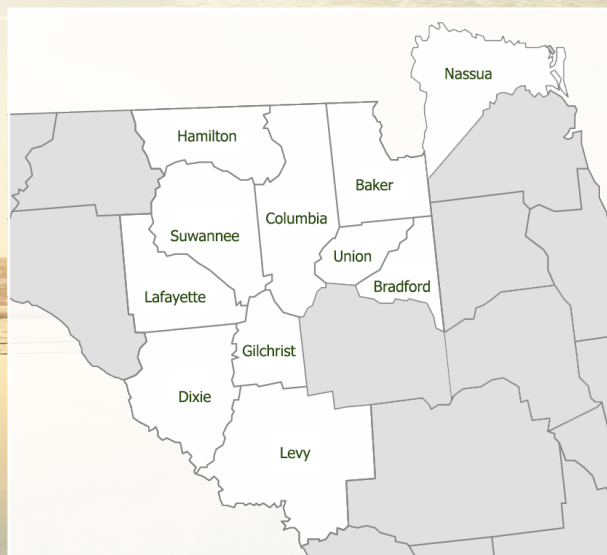
*During the treatment process, the family receives therapy; while the client receives additional, individualized support from a case manager/mentor.*

*Wellness is  
within everyone's reach.*



## Our Mission

To promote the health, recovery, and well-being of those affected by mental illnesses and substance use disorders through prevention, coordinated treatment, and supportive services.



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## Community Action Team (CAT)



# The CAT aims to...

- Improve school attendance, grades, and graduation rates
- Decrease out-of-home placements
- Improve family and youth functioning
- Decrease substance use and abuse
- Decrease psychiatric hospitalizations
- Increase health and wellness
- Transition into age appropriate services

## WHO is ELIGIBLE?

Young people ages 11 to 21, with a mental health diagnosis and/or co-occurring substance use diagnosis with accompanying characteristics such as:

- At-risk for out-of-home placement
- Two or more hospitalizations or repeated failures
- Involvement with the Department of Juvenile Justice or multiple encounters with law enforcement
- Poor academic performance and/or suspensions

*\*Children younger than 11 may be candidates if they meet two or more of the aforementioned.*



## Frequently Asked Questions

- **How long can my child be in the program or how long does the program last?**  
*Children typically remain in the program for 3 to 9 months.*
- **What will I have to do?**  
*Parents must meet regularly with the treatment team to discuss and implement family directed goals.*
- **What services can CAT provide?**  
*Home service and school therapy. Our therapists and case managers/mentors work with the family, as well as the child, to optimize positive environments and help resolve issues while assisting the family to become stronger.*

