

WELCOME TO MERIDIAN BEHAVIORAL HEALTHCARE, INC.



Your Rights and Responsibilities

Helping us to better serve you



MERIDIAN'S RESPONSIBILITIES

As a person served by Meridian Behavioral Healthcare, Inc., you have a right to be treated with dignity, gentleness, courtesy, and respect. Meridian staff are dedicated to providing the best possible treatment and services while you participate in our programs. It is every employee's responsibility to ensure Meridian conducts business in a legal and ethical manner, consistent with federal and state regulations and statutes, as well as ethical standards of the professions represented by Meridian's staff.

MISSION & PHILOSOPHY OF CARE

Meridian believes you deserve to be treated with respect and empowered to direct the care you receive. Care is delivered in a coordinated and culturally competent manner by professionals best suited to meet your needs. Services are provided in the least disruptive manner, consistent with your lifestyle, with the goal of increasing the quality of your life in the community of your choice. Toward these ends, Meridian delivers a range of individualized services designed to facilitate your recovery and resilience using best clinical practices. Key goals are enhancing your motivation to learn and modify behaviors that support the highest quality of life possible for you and your family.

NON-EMERGENCY SERVICES

Meridian offers a variety of treatment and educational services to assist you and your family to resolve problems and promote health, growth, and development. Professional services combine assessment, counseling, therapy, and education, and include medication evaluation and management, individual, family, and couples counseling, as well as groups. Each counselor or case manager schedules appointments in an effort to accommodate your needs. Our business offices are open Monday-Friday from 9:00 a.m. until 5:00 p.m.

REFERRAL & EMERGENCY SERVICES

The Access Center at Meridian is your single point of contact for information, referral, and emergency services 24 hours/day, 7 days/week. Reach Access Center at the numbers listed here. On-demand services available through Telehealth and walk-in.

YOUR RIGHTS WHILE RECEIVING SERVICES

As a recipient of services, you have the right to:

- Be treated with respect at all times
- Be free from abuse, financial or other exploitation, retaliation, humiliation, and neglect
- Appropriate treatment, regardless of your ability to pay
- Receive treatment in the least restrictive setting
- Informed consent or refusal or expression of choice regarding service delivery, concurrent services, composition of service delivery team, release of information, and involvement in research projects
- Be informed about the reason for your admission, proposed treatment, potential side effects of treatment, approximate length of stay, and other possible treatments
- Take back any consent to treatment either in writing or verbally by you, your guardian, or guardian advocate
- Access or referral to legal entities for appropriate representation
- Be appointed a guardian advocate through the court, if needed, to make decisions regarding your treatment
- Receive services that are timely, skillfully, safely, and humanly administered
- Receive appropriate medical, vocational, social, educational, and rehabilitative services
- Have reasonable access to your own records
- Authorize release of information to people or agencies
- Have your records kept confidential
- Designate a person to receive any required notices
- Help make decisions about your treatment and provide written comments on your treatment plan
- Help make plans for your discharge
- Have access to self-help and advocacy support groups
- Adherence to research guidelines and ethics when involved in research projects
- A reasonable measure of privacy and protection of your constitutional rights, including right to legal counsel
- Confidentiality in your communication with Meridian and its employees
- A treatment environment that prioritizes equality, diversity, and openness

YOUR RIGHTS WHILE IN RESIDENTIAL SERVICES

- Access a private telephone to report any possible abuse or neglect to the Florida Abuse Hotline
- Written inventory of any of your personal clothing or belongings that are taken from you
- Assistance in registering to vote and voting
- Question the cause and legality of your being detained (Habeus Corpus)
- Have visitors at reasonable hours within program guidelines, unless restricted as a part of your treatment
- Access to mail and telephone services in accordance to program guidelines, unless restricted as part of your treatment
- Have personal clothing and belongings, unless restricted as a part of your treatment
- A private space in which to keep your personal clothing and other property
- Three balanced meals per day, plus a snack
- Use of private toilet and bathing facilities
- Access to social and recreational activities
- Opportunities for religious worship
- Children have the right to receive education as appropriate in least restrictive setting possible

CONFIDENTIALITY OF RECORDS

Federal law requires your Meridian treatment record be confidential. Meridian staff are not allowed to tell anyone outside the agency that you receive services, or that you suffer from a mental illness/substance use disorder, unless one or more of the following is true:

- You consent in writing
- Disclosure complies with a court order
- Disclosure is made to medical personnel in a medical emergency
- Disclosure is made to qualified personnel for research purposes
- Disclosure is part of an audit or program evaluation, including approved peer and utilization reviews of service records
- Your safety or that of others is at significant risk and disclosure of some information is required for your protection or the protection of others
- Disclosure involves information reported under state law to appropriate state or local authorities about suspected abuse or neglect of a child or elderly or disabled person
- Information is about a crime committed by you, either at Meridian or against any person who works for Meridian, or any threat to commit such a crime.

Violation of federal law by Meridian is a crime. Suspected violations may be reported to appropriate authorities.

YOUR RESPONSIBILITIES

In order for Meridian Behavioral Healthcare to provide the best possible service during your treatment, it is important that you:

- Actively and earnestly participate in developing the plan for your treatment and follow that plan
- Follow these and other program rules in order to protect your safety and the safety of others
- Respect others' privacy and confidentiality
- Be courteous and respectful
- Smoke or use tobacco products only in designated areas off Meridian premises
- Do not use inappropriate verbal or sexual behaviors
- Do not use verbal or physical aggression
- Do not bring weapons or sharp objects on the premises
- Keep medication (including over-the-counter) in a safe, secure place while on the premises
- Do not use or bring alcohol or illegal substances on the premises
- Do not loiter or sleep in the buildings or on the premises
- Do not sell, loan, borrow or steal items
- Place clutter and trash in proper containers
- Keep scheduled appointments, or cancel at least 24 hours in advance
- Pay for treatment when services are rendered or in accordance with your agreement with Meridian
- Provide full information regarding any treatment you are receiving or have received in the past, including all types of counseling/therapy, medications and/or hospitalizations
- Allow staff in residential programs to conduct searches necessary to ensure the safety of everyone in the program

ADVANCED DIRECTIVES

You have the right to give written instructions called Advanced Directives when you receive services from Meridian. Advanced Directives allow you to state your preferences for future care, should you be unable to communicate your decisions or preferences for mental health treatment.

Advanced Directives may include a living will, power of attorney, or other care instructions. Before deciding to have Advanced Directives, you should discuss the matter thoroughly with family members, your doctor, and your counselor and/or case manager.

SATISFACTION WITH SERVICES & SPECIAL NEEDS

We work hard to make you comfortable at Meridian and we want you to be satisfied with the services you receive. If there is ever something that does not meet your expectations or you have a special need, discuss it with the staff assigned to your care.

You have the right to file a Concern Reporting/ Accommodation Request as a formal notice of dissatisfaction with services or staff, or to request any special help you need to fully participate in the services offered by Meridian. The program supervisor will assist you in resolving your issues and/or accommodating your request. If you feel that further assistance is needed, you may have your concerns reviewed by the administrative staff.

Any staff member can help you fill out this form, if assistance is needed. After you put your concern/ request in writing, give the form to any Meridian employee. It will immediately be forwarded to the Office of Quality Improvement.

Your concern or request will be reviewed and a supervisor will contact you to discuss solutions to the issue within ten days. If you are still dissatisfied, other administrators will be asked to meet with you until an agreeable solution is found.

Meridian is continuously trying to improve the effectiveness of its services and how we deliver services. The most important information we receive is from the people we serve; therefore, we receive information from you in the following ways:

- Your participation in bi-annual consumer satisfaction surveys and follow-up surveys after discharge
- Review of your concerns and feedback regarding services or service delivery
- Customer participation in initiatives and activities for Meridian's Stakeholders Relations Committee
- Staff reporting of unusual incidents at Meridian
- Your meetings with staff regarding progress in meeting treatment or service objectives

IMPORTANT CONTACT INFORMATION & PHONE NUMBERS

Meridian Behavioral Healthcare, Inc.

Emergency Services Information & Referral

24 hours/day, 7 days/week

352-374-5600 (Local)
1-800-330-5615 (Toll Free)

www.mbhci.org

Walk-Ins & Telehealth available

Florida Relay Service

1-800-955-8770 (Voice)
1-800-955-8771 (TTY)

Human Rights Advocacy Committee

1-800-342-0825 (Toll Free)
1-800-955-8771 (TTY/TDD)

Florida Abuse Hotline

1-800-962-2873 (Toll Free)
1-800-453-5145 (TTY/TDD)

Advocacy Center for Persons with Disabilities

1-800-342-0823 (Toll Free)
1-800-346-4127 (TTY/TDD)

Local State of Florida Substance Abuse & Mental Health Office

904-485-9583



Meridian Behavioral Healthcare, Inc.

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