



2017 ANNUAL REPORT OUR COMMUNITIES



OUR MISSION

To promote the health, recovery, and well-being of those affected by mental illnesses and substance use disorders through prevention, coordinated treatment, and supportive services.

OUR VISION

Hope, recovery, and wellness within everyone’s reach.

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BUILDING ON SUCCESS

FOR OVER 45 YEARS, Meridian has been the only comprehensive safety net provider in North Central Florida that addresses the needs of those affected by mental illnesses or substance use disorders. In that time, we have added services and enhanced treatment modalities to incorporate best practices that help bring science to patient care.

In the following pages, we hope that you will read about our services, get a glimpse of who we treat, and see the accomplishments and innovations of the past year. We kicked off FY2018 with a flurry of activity to get services up and running in Baker County where we were awarded an outpatient service contract. The contract adds to our existing in-patient services for residents in Baker county.

We also initiated services funded by the state and federal government to address the opioid epidemic. The funding allowed us to add to Meridian's existing programs by offering services to emergency rooms where patients who overdose or are experiencing an opioid use related problem can be directly referred and immediately screened. We have also opened an ambulatory outpatient, detox using best practice, medication assisted treatment.

But there is so much more to be done! As we have continued to identify the needs of our patients, we identified a lack of primary care access. In 2016, we opened a primary care clinic that is now in its second year. The clinic is making a difference in the lives of over 900 patients who use its services and now receive them fully integrated. Our goal is to open a second clinic in Lake City in the spring of 2018. We are building a path to become a Health Home for adults affected by mental illnesses and substance use disorders.

As we work with children, we realize that their care, too, needs to be integrated so we are renovating our two main campuses to collocate all outpatient children's services – and those offered to their parents – in two Centers for Building Healthy Families. The services offered here will include counseling, psychiatry, and case management, providing trauma informed care that coordinates the services of all family members.

Finally, we have set a goal to expand our services to mothers and children affected by addiction. Meridian has long had a pre and post-partum program where mom's deal with their addiction while receiving pre-natal care, therapy, parent education, and help getting their feet on the ground. The program currently cannot accept women with school-aged children because the facility does not accommodate it. With the help of our community, we are hoping to build a wing that will accommodate five such families. Our capital campaign kicked off in September and we hope to raise \$750,000.

In everything we do, Meridian relies on its partners – community agencies, volunteers, and donors. We want to take this opportunity to thank all of them, and to let you see what we can build as a community, when we come together to support those affected by mental illnesses and substance use disorders.

Thank you!

Patricia Yates
Board of Directors Chair



Maggie Labarta, Ph.D.
President/CEO




LAST YEAR
MERIDIAN SAW,
18,927 CLIENTS IN
TREATMENT AND
provided **17,535** with
PREVENTION AND
OUTREACH SERVICES.
Resulting in **519,919**
SERVICE VISITS.

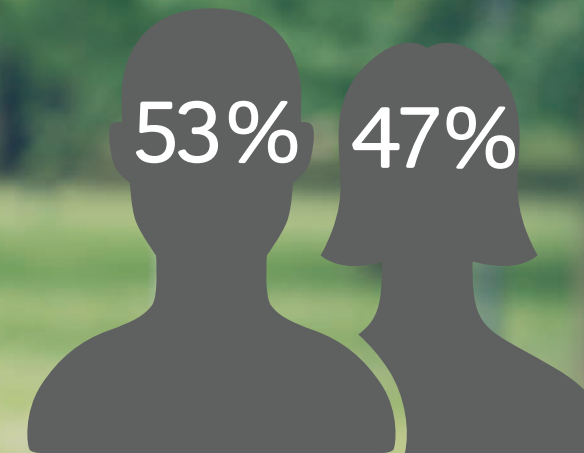
CLIENTS BY SERVICE AREA

Alachua: 7093
Baker: 308
Bradford: 1111
Clay: 254
Columbia: 2855
Dixie: 715
Gilchrist: 547
Hamilton: 497
Lafayette: 192

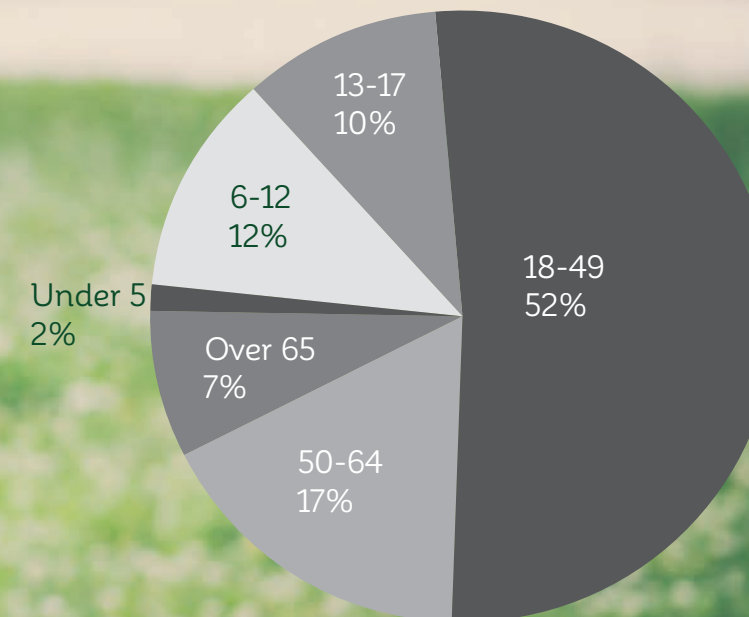
Levy: 1048
Marion: 819
Putnam: 517
Suwannee: 1498
Union: 474
Homeless: 110
Neighbouring: 2902
Other: 900

 Indicates physical location

MERIDIAN'S 2016-17 CLIENT BASE WAS MADE UP OF



CLIENTS BY AGE

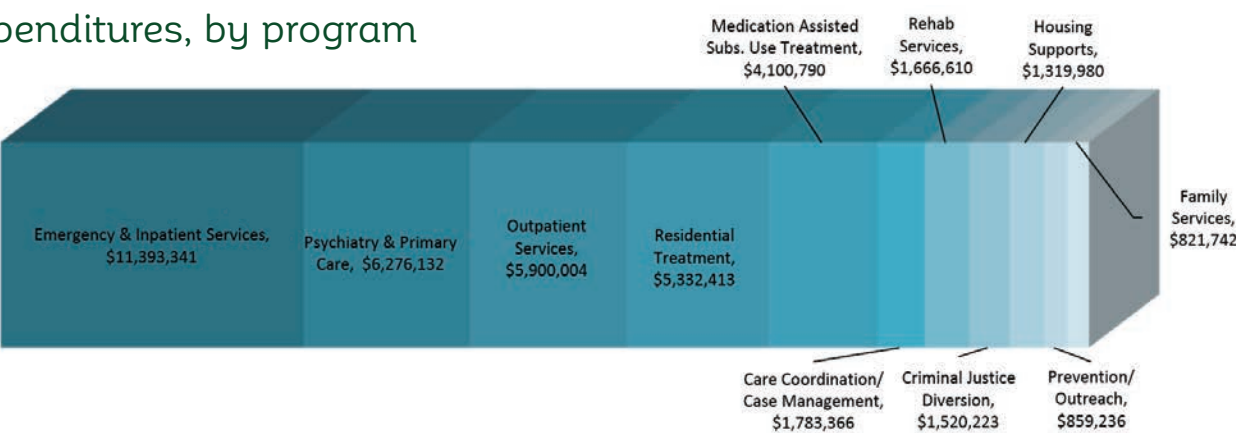


FINANCIAL SUMMARY 2016-17

10

Assets: \$19,583,691
Liabilities: \$8,956,273
Net Assets: \$10,627,418
Expenditures: \$40,637,488

Expenditures, by program



Meridian provided **\$921,577** in uncompensated care to individuals with no payer for services once indigent care funds from the state and county **were exhausted**.

THE LODGE AT MERIDIAN

11

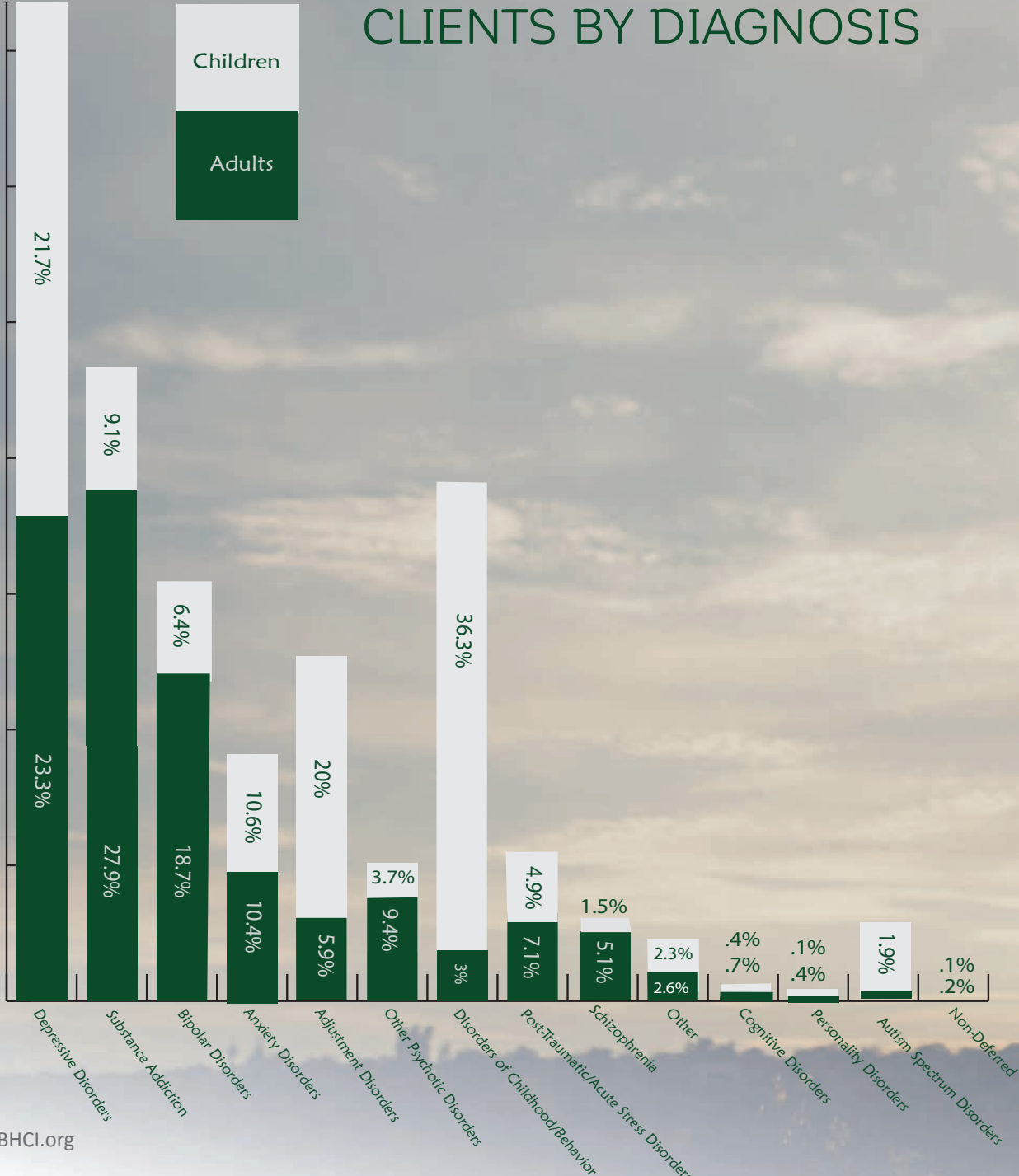
This fiscal year was filled with overwhelming community involvement and charity. In September of 2016, Meridian hosted the Inaugural Steps to Wellness Luncheon and kicked off a campaign to complete the renovations at The Lodge. With a sold out event and generous community members willing to donate, together we have successfully funded the complete renovation of The Lodge.

The Lodge at Meridian provides temporary housing with 39 beds available for Meridian clients who are currently receiving Partial Hospital or Intensive Outpatient services and lack a safe and stable place to stay as they receive treatment.

By offering convenient, no-cost or low-cost housing to patients, The Lodge at Meridian increases the likelihood that treatment will be effective and lead to long- lasting recovery.



CLIENTS BY DIAGNOSIS



HEALTH CARE UTILIZATION

Levels of Care	Children*	Adults*
Emergency & Inpatient Services	738	4491
Psychiatry & Primary Care	1632	7849
Outpatient Services	3397	10126
Residential Treatment	41	432
Medication Assisted Treatment	1310	n/a
Care Coordination/Case Management	34	1249
Rehab Services	n/a	249
Criminal Justice Diversion	n/a	730
Housing Support Services	n/a	95
Family Services	1291	n/a



Building the future...

Expanded access to care for patients in need of services via telehealth, providing over **3,475** visits in this year to **1,978** patients.

Awarded Baker County outpatient services by Lutheran Family Services (LSF), allowing us to provide local services and follow-up from inpatient directly in the county.

Expanded the jail diversion program to Bradford County due to an increase in our state Criminal Justice grant.

Trained over **1,339** community members in Mental Health First Aid (MHFA) with **90** courses, compared to 437 individuals trained last year.

Prevention “All Stars” curriculum was provided to over **1,000** kids in **12 different schools** and community locations in Bradford, Alachua, and Dixie Counties.

Medical Services expanded face-to-face child psychiatry services in Live Oak, Bronson, and Trenton.

Effectively deployed telehealth services across the region.

Remodeled Crisis Stabilization Unit bathrooms in Lake City, painted and made landscaping beautifications at multiple housing facilities.

...Focused on you

Meridian served **5% more** individuals in 2017 than in the prior year.

Meridian received a national award, “Excellence in Behavioral Health Management” from the National Council for our Criminal Justice programs. Helping citizens transition to healthy productive lives.

Added several evidence based practices to address substance use disorder treatment and children’s mental health issues.

Two Meridian Peer Specialists attended WRAP (Wellness Recovery Action Plan) Facilitator Training in June 2017 and are now certified to teach this program.

Successfully renewed our American Association of Suicidology Accreditation and continue to be an approved Crisis Intervention Program.

Time to first appointment for Adult Psychiatry has decreased to same day, next availability. Giving us the the ability to offer timely care and reduce Inpatient admissions.

Outpatient services have expanded coordination between programs to ensure patients with the most complex needs are helped to avoid the need for additional inpatient care.

Worked with Partnership for Strong Families to bring psychiatric services to their children at remote locations via telehealth.

THANK YOU FOR YOUR SUPPORT

18

The following is a compilation of all donors who made gifts during the 2016-17 fiscal year. Great care was taken when preparing this list. If there are errors, please bring them to our attention by contacting the Advancement Department at laurie_michaelson@mbhci.org or 352-374-5600x8218.

\$10,000 and Above

Anonymous - Lodge Completing donation

\$5,000 - 9,000

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\$3,000- 4,999

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\$1,000-2,999

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19

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MIST EXPANSION

22

The Mothers Intensive Supportive Treatment program (MIST) is currently a 10-bed, multi-faceted program for substance-using pregnant and postpartum women housed at the Sid Martin Bridge House in Gainesville. In the MIST program, infants stay with their mother, allowing for crucial bonding to take place in the early months of development while allowing the mother to receive treatment and remain drug-free. In September of 2017, Meridian launched a development campaign in order to fund the program's expansion. This expansion will consist of building a new wing to accommodate more women and children. The expansion of MIST will require Meridian to raise \$750,000; with the help of our community we know we will achieve this goal and help more women and children in our community reach wellness.

CENTER FOR BUILDING HEALTHY FAMILIES

Meridian believes that in order to assist the child, one must address the entire family. The Center for Building Healthy Families is Meridian's solution to providing more comprehensive care for children and their families in a single, integrated setting. Williams Manor is located on the Meridian Lake City Campus and will be the new home for Lake City's Center for Building Healthy Families. Through renovations and refurbishments, Williams Manor will be transformed into a space where children and caregivers receive all of

their treatment in one location. In October of 2017 Meridian began fundraising to cover the cost of the Lake City Center For Building Healthy Families with a goal of raising \$47,700 to cover the costs of the renovations and provide an indoor play space for clients and their families to enjoy.

23



Meridian Behavioral Healthcare, Inc.
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