

## Community Stories

Lives Touched: 30,925 (14,574 people enrolled in treatment services)

Charity Care Provided: \$1,598,774

Miles Traveled to Deliver Care: 847,722

Salaries & Benefits to Local Economies: \$20,068,968

Additional Benefits to Local Economies: \$8,313,455



Things were really bad for me. I got pregnant while using crack and already had a baby at home. I thought that I might never hold my kids again. At the MIST Program, my life began to change. Meridian gave me the chance to be a better me; for me and my family.

#### Mission

To promote recovery and offer solutions to those facing mental illnesses, addiction and other social challenges

#### Vision

Choice, Hope, and Recovery are within everyone's reach

#### Values

- Partnering with individuals, businesses, and communities, balancing efficiency and effectiveness in all we do
- Diversity and the right to be respected, self-governing, and accountable
- The right to choice in services, housing, and work
- The power of hope
- Setting long-term and bold goals, including recovery

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## Journeys to Health & Wellness

Everyone has a story... Meridian has a story. Ours started in 1972, when we began working in and with our communities toward health and wellness for people facing mental illnesses and addictions. Over the years much has changed. But as they say, the more things change...

Meridian is still committed to serving people with mental illnesses and addictions, but beyond that we are still working in and with our communities to ensure that health and wellness are available to all.

It doesn't end there though. Actually, it doesn't really even begin there. The fact is, Meridian's story is many things to many people. It's choice in health solutions, treatment options and service locations; a choice to pursue health and wellness. Meridian's story brings hope to the families, friends and neighbors in our communities; hope for a better life. And Meridian's story is one of recovery. It is Meridian's Vision that Choice, Hope and Recovery are within everyone's reach.

In difficult economic times, supporting the health and wellness of our communities becomes simultaneously more important and more challenging. Funding sources continue to diminish while need for service continues to rise. Provision of sufficient healthcare is often a barrier to multiple other social issues. In efforts to provide and promote health and wellness, Meridian continues and will continue to seek out new partnerships, strengthen current relationships, and work with the people we serve to help Meridian stories continue.

Everyone has a story, we help change the ending.

Mary Jane Weaver

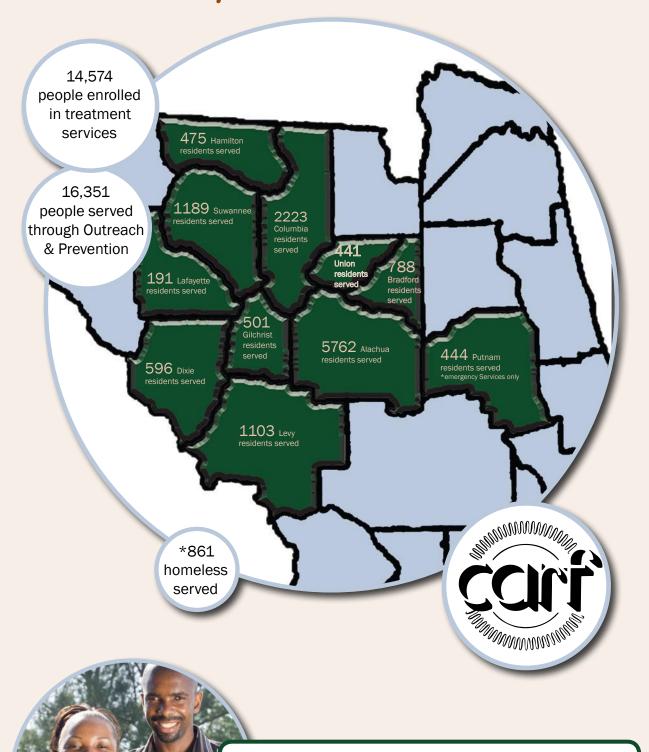
Mary Jane Weaver Chair, Board of Directors



Margarita Labarta, Ph.D.

President/CEO

## Community Health & Wellness



Now that I am in recovery and have become sober, I realize I've missed out on the simple joys of life. I missed out on a lot of precious time with my family. I realize now that the use of drugs and alcohol have robbed me of this precious time that can never be replaced. Meridian possibly saved my life.

## Accomplishment Stories

Rosa M. West, Ph.D., awarded the 2010 "Up and Coming" Leadership Award of Excellence from the National Council for Community Behavioral Healthcare.

Meridian's CARE (Coping with Addiction through Recovery and Empowerment) Program awarded 1st place for Innovative Program in the Florida Department of Children and Families and the Florida Alcohol and Drug Abuse Association 2009 Substance Abuse Services Best Practices Awards

Awarded two Prudential-Davis Productivity Awards: David Murphy, Alan Paulin, March Ann Livengood-Peacock - Referral Process Team & Alan Paulin, member of the Circuit 3 Foster Care Redesign Team

Kevin Coulson and Krista Mitchell Cornell received an Award of Distinction and a Judge's Award for Meridian Behavioral Healthcare's annual fundraiser, Illusion Extravaganza: Mega Magic with Franz Harary through Florida Public Relations Association Image Awards

Awarded \$25K Tipping Point Grant from the Capital City Bank Group Foundation, facilitating the commencement of renovations to Meridian's Recovery Center

Awarded grant for AccentHealth, healthy lifestyle TV network for all Meridian waiting areas

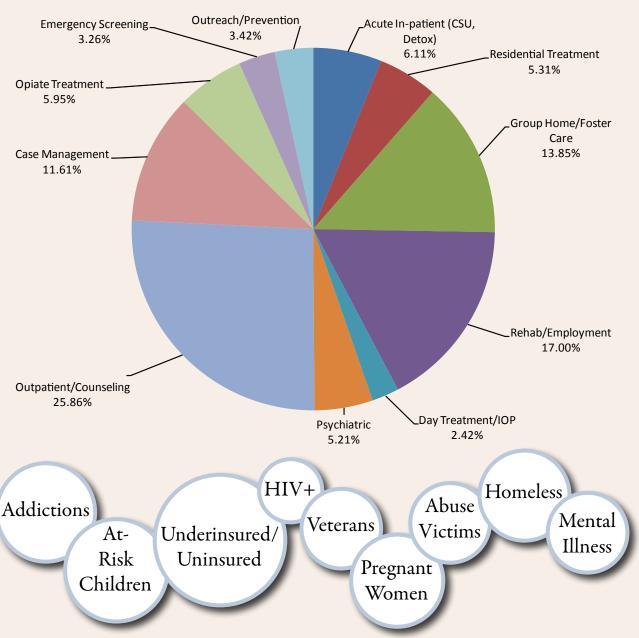
Launched Health Education Answers, web-based wellness information program

Initiated preliminary steps toward integrated healthcare

Meridian began offering Mental Health First Aid certification
courses in our communities



### Services for Health & Wellness





Our family was in trouble. Without the Family Crisis Intervention Team's direction and support, our family would have continued suffering. Meridian brought forth growth, self-awareness and a greater understanding of our circumstances. They have encouraged us to pursue further therapies so our family's health and wellness can continue to improve.

# Community of Health & Wellness

Through community support and by supporting our community, Meridian works to



ensure health and wellness remain a priority and become accessible to everyone.



## Support of Health & Wellness

Contributions and community support help make health and wellness a reality for the people Meridian serves.

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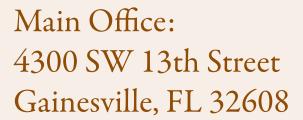
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